



## CALENDAR OF EVENTS

### FEBRUARY

<b>Friday February 5</b>	Class 1-8 Parent/Teacher Interviews Ski Day #3 for Classes 4 to 8 NO SCHOOL FOR CLASSES 1 & 2/3
<b>Saturday February 6</b> 10am – 3pm	Knit-a-Thon for Haiti at the Nelson Trading Co. Mall on Baker St. Also knit at our second location, The Coconut Lounge, 2 pm - midnight!
<b>Thursday February 11</b> Time TBA	Carnaval Assembly
<b>Friday February 12</b>	Carnaval Celebrations 10:45am – 12:15pm 12:30pm EARLY DISMISSAL <u>ALL</u> CLASSES
<b>February 15-19</b> Monday to Friday	PRO D WEEK - NO SCHOOL FOR CLASSES KG TO 8 <i>Marigold will remain in regular session.</i>
<b>February 24-26</b> Wednesday-Friday	Class 8 Winter Trip.
<b>February 26</b>	Class 6 Play – “ROMA AMOR” (A Roman Comedy)

### MARCH

<b>Friday March 5</b>	Make-up SKI DAY#4 for Classes 4 – 8 Classes 1 & 2/3 will be in regular session Friday.
<b>Sunday March 7</b> 2:30pm	NWS Benefit Concert “Awakening to Community” featuring pianist/playwright Daryl Verville at the United Church (details TBA).
<b>Friday March 12</b>	12:30pm EARLY DISMISSAL <u>ALL</u> CLASSES – Start of Spring Break
<b>Monday March 15 to Friday March 26</b>	SPRING BREAK – NO SCHOOL FOR CLASSES KG – 8 <u>CORRECTION</u> Marigold Daycare will be <u>CLOSED THE FIRST WEEK</u> of Spring Break (March 15-19) and <u>OPEN THE SECOND WEEK</u> (March 22-26).

### APRIL

<b>Thursday April 1</b>	Spring Concert – Details TBA 12:30pm EARLY DISMISSAL <u>ALL</u> CLASSES
<b>Friday April 2</b>	GOOD FRIDAY – SCHOOL CLOSED/NO CLASSES OR MARIGOLD DAYCARE
<b>Monday April 5</b>	EASTER MONDAY - SCHOOL CLOSED/NO CLASSES OR MARIGOLD DAYCARE
<b>April 15 and 16</b> Thursday & Friday	Class 4 Play

# ANNOUNCEMENTS

## A WORLDWIDE WALDORF KNIT-A-THON FOR HAITI

SATURDAY, FEB. 6

*The Nelson Trading Co. Mall, 10 am -3 pm*

Also knit at our second location,

*The Coconut Lounge, 2 pm - midnight!*

### Knitting for Haiti

#### Fundraiser to help finance BIO-SAND Water Filters for Haiti

On Saturday, February 6, from 10 am to 3 pm, the Nelson Waldorf School is holding a KNIT-A-THON FOR HAITI at the Nelson Trading Co. Mall on Baker Street. With the help of international Waldorf associations and digital media, the school has called all Waldorf communities around the world – about 300 schools in North America and nearly 1,000 worldwide – to host similar Knit-a-Thons for Haiti on the same day.

Funds raised by the Nelson Knit-a-Thon will go directly towards setting up water stations equipped with Bio-sand filters. If contaminated water was a serious issue before the earthquake – and it was – one can only imagine the need now, especially with the tremendously added risk of water borne diseases as a result of so many untreated injuries and bodies that remain exposed.

The Bio-sand filters, designed by Pure Water for the World (PWW), are simple and highly effective water sanitation systems that are usually built on-site using local materials. They feature no moving parts and last a lifetime and even more, with minimum maintenance. Combined with education on proper sanitation, their installation can be crucial to peoples' health and survival.

Nelsonites David Putt, Sebastian DeMarre and Marie Paule Brisson of Pure Water for the World (PWW) are presently in Port-au-Prince with local contacts and counterparts, installing water filters. They are in an excellent place to do some vital work. **All they need are the resources to do so.**

On the day of the Knit-a-Thon, students who collected pledges will be knitting squares in the colours of the Haitian flag to be later assembled into a blanket, which will then be auctioned off for additional funding for Bio-sand filters.

Everyone is welcome to join the Knit-a-Thon for Haiti. Simply drop by, and knit a row or two for a donation. And if you don't know how to knit, someone can show you.

For more information, email [info@nelsonwaldorf.org](mailto:info@nelsonwaldorf.org) or call 250-354-4271.

**PLEASE BRING WITH YOU ON THE DAY OF THE KNIT-A-THON  
PLEDGE SHEETS AND MONIES COLLECTED.**

***THE GOVERNMENT OF CANADA WILL MATCH WHATEVER WE RAISE.***



# CARNIVAL

FRIDAY, FEBRUARY 12<sup>TH</sup> - 10:45<sub>am</sub> - 12:15<sub>pm</sub>

The very word 'Carnaval' brings to each of us a riot of images - crowds of merry-makers in the streets, pirates & clowns, a King & Queen of 'Carnaval' riding on flower-covered floats in colourful parades; glittering costume balls - laughing, shouting, dancing, singing, feasting! In many Spanish, Portuguese, Italian & French speaking countries, 'Carnaval' celebrations sometimes last for many days, beginning as early as February & growing more & more boisterous until they reach their peak on Shrove Tuesday. The 'Carnaval' comes from the Latin words *carnem levare* which means 'to put away flesh'. This festive time is also called Mardi Gras which is French for Fat Tuesday. The most famous of these celebrations take place yearly in America's New Orleans, Louisiana, & in Brazil's Rio de Janeiro.

*It's Carnaval! It's Mardi Gras!  
The merry makers shout, "Hurrah!"  
And crowd through streets in costumes bright;  
They laugh and sing both day and night.  
At balls so gay they feast and dance  
As if this were life's final chance*

*For soon begins another phase-  
A different mood, the Lenten Days  
A time to turn from worldly din;  
To quiet down and look within.  
But till Ash Wednesday ends the ball  
It's Mardi Gras - It's Carnaval!*



**CRÊPES** have been offered in past years, and if you wish to enjoy this traditional Carnaval treat you must order your Crêpes in advance. Parents, plan to join your children for this fun-filled morning of snowy, outdoor activities (don't forget to order crepes for yourself, too!) The **Crêpes** will be made to order in advance so you must indicate what flavour and amount you would like and submit by Monday February 8<sup>th</sup>.

**TO ENSURE INCLUSION OF ALL CHILDREN:**

If cost or dietary concerns are an issue please contact Pam Loeppky, [jaspr@telus.net](mailto:jaspr@telus.net) so that we can find a way to accommodate your concerns and then all children can be included in this Winter Carnaval treat. No one will be left out!!

Please return order forms by Monday, Feb. 8th to the Front Office  
EACH child/person who wishes to order must fill out a separate slip.

- ◆ Crêpes \$2.50 each or 2 for \$4
- ◆ Crêpes (Dairy Free/Spelt) \$3.00 each or 2 for \$5
- ◆ Hot chocolate \$1/each

Write the number of Crêpes & Hot Chocolate you wish to order beside the selection on each order slip (1 per child/person) - More order slips are available at the Front Office if needed.

**NAME:**

**CLASS:**

Chocolate  Raspberry  Maple syrup  Hot Chocolate

Dairy Free/Spelt Crêpes  tick if desired and select flavour/s

**AMOUNT PAID \$**

**NAME:**

**CLASS:**

Chocolate  Raspberry  Maple syrup  Hot Chocolate

Dairy Free/Spelt Crêpes  tick if desired and select flavour/s

**AMOUNT PAID \$**

**EARTH WEEK** – For the past 3 years NWS faculty have challenged students to bike or walk to school as part of an Earth Week challenge. Earth Day on March 22<sup>nd</sup> falls over Spring Break for NWS this school year. However, we are still hoping to inspire students with an Earth Challenge. We are open to suggestions/feedback on this event in order to make it an even more positive experience for our school community. To share suggestions and/or input, please contact Carron at [carronmulligan@cavez.com](mailto:carronmulligan@cavez.com) or via the Front Office at 250 352-6919.

**SKI PROGRAM MAKE UP DAY** – As a result of last week’s SKI DAY cancellation, a make-up day has been confirmed for March 5<sup>th</sup>. **Please Note:** Classes 1 & 2/3 will be in regular session Friday.

**WANTED** – A DVD player for the School TV. If anyone has one they are willing to donate, please call the Front Office at 352-6919.

**COUGAR WARNING IN NELSON** - A cougar is causing concern in the Upper Fairview & Uphill area of Nelson. Police are reminding residents to pay special attention and use proper precautions when walking, especially after dark.

**WE NEED TO SELL MORE MONTHLY AND PUNCH PASSES**

In order to have the city bus service to our school we need to sell a minimum number of passes. We are short of our minimum amount. Therefore we encourage all families that use the bus service to our school or for siblings attending other schools to purchase your passes through our school. **Passes can be used at anytime for all city busses. PASSES CAN BE PURCHASED WITH VISA or MC, CHEQUE or CASH AT THE FINANCE OFFICE.**

**CHILD CARE INCOME TAX DEDUCTIONS FORM**



**CHILD CARE INCOME TAX DEDUCTIONS (for parents of Classes 1 to 8)**

Certain childcare costs are allowed as a tax deduction from the income of a working/schooling mother or under certain circumstances, a father. A percentage of fees paid to the school by parents of children under the age of sixteen is calculated & provided as a “Tax Receipt for Lunch Hour Supervision”. If you would like a receipt, please fill out the form below & return to the Finance Office.

TAX RECEIPTS WILL BE ISSUED UPON REQUEST

<b>PLEASE SEND RECEIPT FOR LUNCH TIME CARE TO:</b>	<b>THIS RECEIPT IS FOR CHILD/REN:</b> (ENTER CHILD'S NAME & CLASS# IN SPACE/S BELOW)
<b>NAME:</b>	Child #1
<b>ADDRESS (including Postal Code):</b>	Child #2
	Child #3

# ***SOCIAL INCLUSION CORNER – Tools in the Classroom***

The Social Inclusion approach to conflict brings a tone of “justice without blame” to the students. Teachers seek to get at the bottom of issues without polarizing students and use tools that cultivate emotional qualities that are foundational to dealing with conflict in a resourceful way. These qualities are: Empathy, Impulse Control, Perspective, and Imagination. Teachers focus on building Class Habits that support the growth of emotional qualities. Here is an overview of some of the tools that teachers use in building Class Habits.

## **Class Habits**

**The Calling Out Scale.** Teachers help the students monitor calling out by identifying when a callout is helpful, sometimes okay, not okay, or a put down.

**Truth Telling** - We encourage the students to speak to an adult about what is really going on. When adults are told, it becomes everyone’s responsibility to do something about it.

**Code of Compassion** - The Code of Compassion is comprised of six guiding principles for how we want to relate to each other at this school. The Code of Compassion is an active way of being kind and understanding to oneself and others. It was created by students of the SSAC of 2007/08 in response to input from all the students of the school. It is found in every classroom and in our hallways and is renewed yearly.

**Goals & Achievements Agreement** - A student is helped to create a plan for change and then charts his/her own progress for meeting these goals in a written form.

**Circle of Friends** - When a student is having social difficulties, the class teacher will choose two or three students from the class, and one or two students from the SSAC will be selected to greet the student each day, meet together once a week with the student, help the student problem solve, and be available for support.

**Politeness and Courtesy** - Actively practicing politeness and courtesy keeps a rhythm of respectful example to all members of our school community. Students, teachers, and staff take the opportunity to practice politeness and courtesy so that they occur as a matter of course.

**Greetings** - Greeting each other by name allows one to feel known and therefore, to feel valued. We strive to know every child and adult by name.

**Calling Out Scale** - The calling out scale is a system that teachers can use to help students learn to self monitor when the student calls out and interrupts the flow of a lesson.

**DADD** - This is an immediate tool used sometimes by teachers in response to inappropriate behaviour by a student. It stands for

- Disapprove
- Affirm
- Discover
- Do over

*To contact anyone on the SICG, please call the school at 352-6919 and leave a message through Danny Finley, our SICG Coordinator. We will get back to you right away.*

***The Parents of SICG*** - Deirdre McLaughlin, Paige Adair, Georgia Argyle.

# PARENT NEWS

February 3 2010



**Published Weekly**  
(Submission deadline is Mondays by 3pm)  
Email ~ [info@nelsonwaldorf.org](mailto:info@nelsonwaldorf.org)  
or drop off at the School Office.

**Note:** Ads for the Parent News are space permitting & are on a first received basis. All ads printed are for **one week only**. An ad may run for an additional week if space permits but is not assured. To re-submit an ad, allow at least a 2 week break.

**ASPEN SWITZER IN CONCERT** - On Saturday Feb. 13 at 8pm award-winning singer/songwriter & former NWS student, Aspen Switzer and band, will be in concert at the intimate Studio 80 Theater on the 10th Street Campus at 10th & Elwyn in Nelson. Tickets are expected to sell out fast. Advance tickets are \$15 available at Eddy Music at [aspenswitzer.com](http://aspenswitzer.com) or from Donna at the school, or \$20 at the door.

**BALLET TICKETS** - 4 tickets for sale for the Ballet Jorgen "Expressions" at the Capitol on Feb. 14 at 2pm. Original price \$40 each now only \$12.50 each. A great deal! Call Julie 354-4765.

**FAMILY PLANNER** - I have an extra 2010 Polestar Calendar that I ended up not needing. If anyone missed ordering & still wants one, please call Sabrina at 354-4476

**A FUNDRAISER FOR HAITI** - Performance by the Shenango Women's Choir being held on Sun. Feb 28th at the United Church. Time to follow. Tickets or info; call Patricia Forte at 354-0333.

**MUSICIANS VOLUNTEERS** - Jubilee Manor, a multi-level care facility in Rosemont is looking for musicians who would like to share their talents with us. We would love to welcome anyone who would love to volunteer for us. If you think you maybe interested...please phone Rose at 352-7011. We love entertainment!!!!

**TEMPORARY RENTAL WANTED** - My parents are coming from out of town & are looking for a furnished rental in town for Feb-March-April or thereabouts. Any ideas or leads would be greatly appreciated! Thanks, Julie Kerr 354-4765.

**HOUSE FOR SALE** - Magnificent 5-Bedroom Log Home for Sale in The Middle Road Community. Eco-friendly materials. \$660,000 <http://www.onepercentrealty.com/listingdetails.cfm?lid=27047&pfuse=mapsearch&start=1> Please pass this along to those you think might be interested. Thanks!

## FUNDRAISERS

### "YODEL WHILE YOU RODEL!!!"

Class 8 is selling European Wooden "Rodel" Sleds!

- Classic Alpine design
- Built to last
- **Waldorf special \$90** (reg. price \$120)  
See Mr. Fertey 250-354-4271

### "VALENTINES DAY" ORGANIC TRUFFLES

*A Class 2/3 Fundraiser.*

Don't miss out on these handmade ultra decadent, delightfully divine & mouthwateringly marvelous confections - Please Pre-Order at the Front Office (exact change or cheques only). Order forms with pricing details are available at the Front Office or on the NWS website [www.nelsonwaldorf.org](http://www.nelsonwaldorf.org) Order pickup is 12:30 Feb. 12 in Class 3.

### BOTTLE DRIVE CONTINUES UNTIL YEAR END

Class 4 and 5 would like to thank people who have already dropped off returnable bottles & cans. Please bring all your refundables to the school & drop them in the BINS located beside the sanding box (across from the Bus Stop).

### FOOD FOR FUNDRAISING - Are You Still

Eating? If so you could be raising funds for the school in the easiest possible way. By using grocery cards purchased through Andromeda in our finance office to pay for your spuds! In particular we need to get sales going on the Safeway cards - if you don't buy at Safeway yourself perhaps you have a neighbour or friend who does? Cheques can be sent in with your child and the cards will come home with them the same day. Or if your child is too young for such a task a Class 8 student or parent will be happy to facilitate the transaction for you. Call ilana 352-9658 or Geraldine 352-3957 to make arrangements.

### PARENT COUNCIL NEWS

**PARENT COUNCIL NEWS E-ZINE:** The first issue of the new monthly Parent Council News E-zine was sent out by email on January 19th. These E-zines contain interesting and useful information about parent activities and opportunities at the school. If you didn't receive one, you can subscribe at [http://www.nelsonwaldorf.org/parents\\_council.php](http://www.nelsonwaldorf.org/parents_council.php). Don't miss out!

**PARENT VOLUNTEERS SOUGHT** - We're seeking one or two parent volunteers who could help with the Lighting the Way to the Future Fundraising Campaign. Contact Bev if you can offer your assistance.