

Nelson Waldorf School Bulletin

January 13 2010



CALENDAR OF EVENTS

January 2010

Wednesday	13	6:30pm - 8:30pm	Class 6 Parent Meeting
Friday	15	NO SCHOOL FOR CLASSES 1 & 2/3	Ski Day #1 - Classes 4 to 8
Monday	18	5:30 - 7:30	Class 7 Parent Meeting
Tuesday	19	5:00 - 6:30pm	Class 4 Parent Meeting
Friday	22	NO SCHOOL FOR CLASSES 1 & 2/3	Ski Day #2 - Classes 4 to 8
Wednesday	27	5:30pm - 7:00pm	Bluebell Kindergarten Parent Meeting
Friday	29	NO SCHOOL FOR CLASSES 1 & 2/3	Ski Day #3 - Classes 4 to 8

February 2010

Friday	5	NO SCHOOL FOR CLASSES 1 & 2/3	Ski Day #4 - Classes 4 to 8
Thursday	11	Time TBA	Carnaval Assembly
Friday	12	12:30pm EARLY DISMISSAL <u>ALL CLASSES</u>	Carnaval Celebrations
Mon-Fri	15-19	NO CLASSES FOR KG - 8	PRO D WEEK No School for Classes KG to 8 <i>Marigold will remain in regular session.</i>

NWS SKI/SNOWBOARD PROGRAM DATES

for Classes 4-8 are on the following four Fridays:

Ski Day #1 - January 15th
Ski Day #2 - January 22nd

Ski Day #3 - January 29th
Ski Day #4 - February 5th

- ⇒ **PLEASE SEE ATTACHED "Ski Days Reminders"** for important updates and details.
- ⇒ **PLEASE NOTE** - THERE IS **NO BUS SERVICE** TO or FROM THE SCHOOL ON SKI DAYS
Parents must arrange to have their children brought to the school by another method on ski days.
- ⇒ **ALSO, THERE IS NO SCHOOL FOR CLASSES 1 AND 2/3** ON ALL OF THE ABOVE SCHEDULED SKI DAYS.

Dear Parents:

We have been informed that there is an **unlimited** number of **discounted Whitewater passes** available to chaperones for the ski program on ski days. Please contact the School's Finance Office if you are interested in attending. My apologies for any inconvenience this may have caused.

PARENT/TEACHER CONFERENCE SCHEDULE

- * **Classes 1 - 8 Parent/Teacher Conference Dates** are Fri. Jan. 22 & Sat. Jan. 30. If these dates are not possible, space may be available on Fri. Feb. 5. *Please call the Front Office at 352-6919 to book your time.*
- * **Bluebell Parent/Teacher Conference Dates** are on the following three Tuesdays, Jan. 12, 19 & 26.
- * **Sunflower Parent/Teacher Conference Dates** are on the following three Wednesdays, Jan. 13, 20 & 27.
For Kindergarten Interviews, please sign up for a time at the classroom.

CAN YOU HELP - Imagine a directory of community resources for our children and families; from tutors to cranial-sacral practitioners or homeopaths etc. The Care Group at school seeks input and help from a parent or two in creating this Directory. We are looking for help with gathering information on available practitioners and assembling it. If this helpful, short-term project appeals to you, please call Lisa Bramson at 250 825-9282 or email bramsoncallis@shaw.ca or leave a note for me at the office. Thank you! Lisa Bramson/NWS Care Group.

We Need To Sell More Monthly and Punch Passes

In order to have the city bus service to our school we need to sell a minimum number of passes. We are short of our minimum amount. Therefore we encourage all families that use the bus service to our school or for siblings attending other schools to purchase your passes through our school. **Passes can be used at anytime for all city busses. PASSES CAN BE PURCHASED WITH VISA or MC, CHEQUE or CASH AT THE FINANCE OFFICE.**

SOCIAL INCLUSION CORNER - The Soul of Discipline: Part Two

Last week, I introduced Kim Payne's work on the concept of disciplining with soul, which evolves from a rich and varied history regarding the disciplining of children over the past century in North America. During the Depression years, for example, discipline was synonymous with obedience, and children not only engaged in "home" work but frequently worked outside of the home, as well. Times were difficult, and everyone was expected to do their share: there was little luxury to explore the most psychologically healthy way to engage with a child in discipline. This was the time of "spare the rod, spoil the child" as well as children "being seen and not heard".

Over time, this method of strict discipline fell out of favour as attitudes and social mores changed. By the 1960s and '70s, some parents were beginning to explore the emotional world of the child. Just as rebellion was occurring in the civil rights movement, the women's liberation movement, and the Vietnam protests, so blind obedience in the rearing of children came to be seen as outdated and in need of revision. The resulting permissiveness brought consequences of its own. While parents might have thought that saying "no" too often would harm the child, too few "no's" and too few boundaries bred excessive feelings of entitlement and a lack of respect.

Behaviour modification evolved from such trials and errors. In this system, children were given choices and encouraged to learn responsibility through choice-making. While the concept has positive attributes, one of its downfalls is giving children too much power, too young. I think of the novel "Lord of the Flies", which was a true study in the disaster that can result from children having unbridled power. As Payne posits, a certain measure of boundaries creates security in a child, gives them something to resist and grow stronger from bumping up against, whereas behaviour modification holds the possibility of teaching children what is advantageous, though not necessarily what is right.

Finally, before getting to Payne's own ideas about disciplining children with soul, he explores the potential hazards of behaviour affirmation. When I heard him posit that even this was problematic, something within me bucked. "What could possibly be wrong with affirming my child's accomplishments?" I wondered. Nevertheless, I heard it out. He talks about pausing, and something clicked for me there. Rather than always praising, for example, one can maintain a loving presence without commenting. We can say what we see without evaluation, we can ask questions. Years ago, for an assignment in university, I had to interview someone and then record the transcripts of that interview. Later, as I transcribed the recording, I was horrified to recognize something that I had not realized in the moment: in my desire to encourage the interviewee to feel comfortable and to talk, I continually cut her off and disrupted whatever flow there might have been in her expression. In other words, we don't need to always jump in with praise, as well intentioned as it is, for even this can take away from a child's process. Let a child go through some experiences, be it drawing a picture or getting a good report card, without placing too much emphasis on the goal of "good" or "bad". Let them enjoy it, or not, for the sake of the journey, not the outcome.

Please avail yourself to Kim Payne's wonderful CD called "The Soul of Discipline" available with a nominal deposit through the Front Office; it is a fascinating listen.

To contact anyone on the SICG, please call the school at 352-6919 and leave a message through Danny Finley, our SICG Coordinator. We will get back to you right away.

The Parents of SICG Deirdre McLaughlin, Paige Adair, Georgia Argyle.



CHILD CARE INCOME TAX DEDUCTIONS (for parents of Classes 1 to 8)

Certain childcare costs are allowed as a tax deduction from the income of a working/schooling mother or, under certain circumstances, a father. A percentage of fees paid to the school by parents of children under the age of sixteen is calculated and provided as a "Tax Receipt for Lunch Hour Supervision". If you would like a receipt, please fill out the form below and return to the Finance Office. TAX RECEIPTS WILL BE ISSUED UPON REQUEST

Please send receipt for lunch time care to:

This receipt is for:

NAME: _____

(CHILD'S NAME & CLASS #)

ADDRESS: _____

(CHILD'S NAME & CLASS #)

_____ P. CODE: _____

(CHILD'S NAME & CLASS #)

PARENT NEWS

January 13 2010



Published Weekly
(Submission deadline is Mondays by 3pm)
Email ~ info@nelsonwaldorf.org
or drop off at the School Office.

Note: Ads for the Parent News are space permitting & are on a first received basis. All ads printed are for one week only. An ad may run for an additional week if space permits but is not assured. To re-submit an ad, allow at least a 2 week break.

UNIQUE DANCE OPPORTUNITY - for the inspired girls *Ages 7-11 (approx age range)* to explore World Dance fusing elements of Latin American skirt work, circle dancing & Balkan spinning in a safe & caring environment. Beginners & experienced welcome, Moms are also welcome to join. **Starting Jan 21st til March 4th, 7 week session Thur 3-4pm. Cost** is \$70 2nd child \$56 (*payment plan & trades available*) **Ages 7-11 (age range approximate)** Pre-registration required, call Slava at 352-0047.

COOKIE TIN LOST AT WINTER FAIRE – a red cookie tin (bottom) with a native design is missing. It was brought with cookies for the Cookie Kingdom. If you know of its whereabouts, please call Marjie at 354-4221.

TRAFALGAR SCHOOL – Winter Carnival, celebrating French culture. Friday Feb. 5 from 7-9pm at Trafalgar School. Many fun outdoor activities, door prizes and treats. If you wish to attend, you need to **RSVP** by calling 352-1200/email pdehnel@hotmail.com

SKIS & BOOTS WANTED - for 40" tall boy, size 11 boots. Open to receiving, borrowing or buying. E-mail andrea@brainflex.ca or call 352-2025.

NELSON OVERTURE CONCERT-Two pianists - One piano, Alexander & Daniel Tselyakov. Impeccable technique, great delicacy & freedom. Saturday, January 23 at 8pm. Nelson Waldorf Students can attend free with adult accompaniment.

FOR SALE - Child's ski helmet, Giro Ricochet, adjustable XS/S 49-54cm, nearly new condition, \$25. Email iainpardoe@gmail.com or call 505 5088.

FOR SALE - Single bed, good condition. Reasonable offer, Call Lisa 825-9282

CONCERT - Former NWS music teacher, Jude Davison, and current NWS parent, Craig Korth, together with 8 other local musicians will be performing Jude's latest album, "Circo de Teatro" at the Capitol on Sat Jan 16, 8pm. This must-see event is a CT Scanner fundraiser. Details at www.capitoltheatre.bc.ca

PARENT COUNCIL NEWS

FOOD FOR FUNDRAISING - Pantry empty after the holidays! Stock up using grocery cards purchased through the school! Drop by Andromeda's office to pick them up.

FUNDRAISERS

MABEL'S LABELS - A CLASS 8 FUNDRAISER - We've extended our deadline to January 15 so that you can take advantage of this great product. Make a New Year's resolution to keep track of your stuff in support of Class 8 in 2010. Order forms with cheques or exact cash may be left with Keitha at the school office.

KEEP YOUR HOLIDAY EMPTIES - Class 4 & 5 are doing a bottle drive & we want your holiday and ongoing empties. Please bring them to the school and drop them in the cart located in the parking lot. Thank you from class 4 & 5.

CAFÉ CORMIER ORDER FORM

<u>SINGLE PRICES</u> 1 meal is \$3.00/Additional Portions are \$2.00 each		<u>TUESDAYS</u> ~ Pizza ~ With veggies & juice Cheese Vegetarian Pepperoni Ham/ Pine		<u>THURSDAYS</u> ~ Hot Dogs ~ With fruit & juice <u>Tick column of choice</u>		<u>Notes to Julien</u>
<u>FAMILY PRICES</u> 2 meals \$5.00 - 3 meals \$7.00		Portions & topping Eg.CheeseX 2		2-BBQ Hot Dogs	1 Tofu Dog	1 Smokie
NAME	CLASS					
1)						
2)						
3)						
CHEQUES PAYABLE TO <u>JULIEN CORMIER</u> (Not the School) Or <u>*EXACT CHANGE ONLY*</u>						Total Paid \$

Advance Orders
by number of weeks.

X _____ Weeks

LAST SKI DAY REMINDERS AND NOTES

DRIVERS

TO THE HILL On Friday morning we will meet in the lower school parking lot. All drivers have to check in with their class representative or the designee to let them know whether all the children who are to drive with them are present or not. The class representatives will then report to me. We will leave the parking lot by 8:20am *at the latest*.

RETURN TRIP On the way back from the ski hill all drivers must make sure that all the children that came with them also leave with them. I will be standing outside the lodge by the parking lot and drivers can check in with me if there are any issues. We will leave Whitewater by 3:00pm. Pick-up for all children is at 3:30pm at the Nelson Library.

IMPORTANT Any parent who wants to make other driving arrangement for their child coming back from the hill must let the driver of their child know. We do not want to have to look for children all over Whitewater - including extra sweeps of the slopes by the ski patrol- only to find out later that a parent picked up their child without notifying anybody.

CHAPERONES

After all the children have been sorted out for their lessons, I will get the tickets for all the chaperones and we will meet in the lodge cafeteria for instructions. Parents can still sign up as chaperones to receive the reduced rate for lift ticket and rentals

SNACK AND LUNCH

Please make sure that you pack a large enough snack and lunch for your child. It would also be a good idea to give your child a little spending money for a hot chocolate or another treat.

CLOTHING

Temperatures can vary up at the ski hill. It is better to err on the side of caution and to have your child dressed to warmly. They can always shed layers of clothing and leave them in the lodge.

WHILE ON TH SLOPES

Please remind your child that they are not allowed to ski or board by themselves. They have to buddy up or form groups. At no time are children allowed to go out of bounds of the marked and patrolled areas.

This being said, I am sure that we will have a lot of safe fun this Friday at Whitewater. Thank you all for your help and cooperation.

Ralf Hoerger