

Nelson Waldorf School Bulletin

November 25 2009



CALENDAR OF EVENTS

November 2009

| | | | |
|--------|------------------|---|---|
| Wed | 25 | 6:30pm | Class 8 Parent Meeting |
| Thur. | 26 | Main Lesson & 6:30pm | Class 7 Play |
| Monday | 30 th | 8:10-9:10am 8:30am 9:30-12pm 1:30-2:40pm | Spiral Walk (Class 1) 1 st Advent Assembly Kindergarten Spiral Walk Spiral Walk (Class 2/3) |

December 2009

| | | | |
|--|----|--------------------------|--|
| Fri. | 4 | | St. Nicholas Day |
| Mon. | 7 | 8:30am 10:30am-Noon | 2 nd Advent Assembly KG. St. Nicholas Celebration |
| Fri. | 11 | 9:30am | Santa Lucia Assembly (Cl. 8 Performance) |
| Sat. | 12 | 10am - 4pm | Winter Faire |
| Mon. | 14 | 8:30am | 3 rd Advent Assembly |
| Wed. | 16 | 10:45am-Noon | KG Seasonal Potlucks |
| Thur. | 17 | 11am 12:30pm No KG | Shepherds Play (Faculty Performance) Early Dismissal All Classes No KG Classes |
| Fri. Dec. 18 - Sun. Jan 4 Mon. Dec. 21-Sun. Jan 4 | | | CLASSES KG - 8 WINTER BREAK MARIGOLD WINTER BREAK |

LET IT SNOW, LET IT SNOW, LET IT SNOW! We are going into the winter season and with that come our Ski-Days for Classes 4-8 at Whitewater. To tune up for those days we will have a **Safety Presentation on Monday, Nov. 30th at 1:00pm** (location in school TBA). At that time there will also be the sign up for rental equipment. Please make sure that your child knows what he or she will need to participate in our Ski-Days. If you happen to purchase some of the equipment (Christmas gifts) after rentals have been ordered for your child, you can let me know up to **seven days** before our first trip to Whitewater on January 15th, which will be January 8th. If cancellation of rental equipment is received after that date or not at all, Whitewater will charge you the rental fees.

The dates for the Ski-Days are: Jan. 15th, 22nd, 29th and Feb. 5th.

If you are interested in chaperoning please let me know.

The rides to and from the hill will be arranged by the class parents, as was our practice in previous years. I will send out more information and guidelines regarding rides in the first week of January. **Ralf Hoerger**

FIRST ADVENT ASSEMBLY AND THE ADVENT SPIRAL WALK - Monday, Nov. 30th, (See School Calendar above for times). It is a tradition at our school that at the beginning of the "Advent" Season, the youngest children in the school (Kindergarten to Class 3) walk through the spiral of the Advent garden, accompanied by the simple music of a lyre or harp. In this "garden" the children experience a mood of quiet and darkness which "enhances" and parallels their experience of nature at mid winter. In the darkened room they begin their walk at the outer spiral of sweet smelling cedar boughs, hold their unlit candle and walk towards the centre where a flame glows. They each light their little candle from the center and walk with their piece of flame until they find the spot where they will place it within the spiral. In so doing they bring their own light into the darkness, and light the way for the next child. The room gradually fills with the light of all the children. During this festival the young child experiences in an outward way the inner light which we are seeking during this time of outer darkness. In cultures all over the world people celebrate festivals of light at the darkest time of the year. This celebration marks the beginning, or advent of our festivals of light- Hanukah, Christmas, and Solstice.

PARENT SPIRAL WALK **On Tues. Dec. 1st at 8:20am** is the Parent Spiral Walk - All welcome! Please be on time and bring a cored apple with a candle. Take down of the Spiral walk will follow immediately and many hands will make light work!

ANNOUNCEMENTS

LAST POWER TO PARENT

How to Use Discipline that is Attachment-Safe & Developmentally Friendly" - **Tonight, Nov. 25th from 6:00-8:00 pm in the Eurythmy Hall** Don't miss this last Power to Parent sessions with Liz Amaral. Sessions have been received enthusiastically by all who attend.

CLASS SEVEN'S PERFORMANCE OF "JOAN OF ARC"

All Parents & Students are Welcome to Attend Tomorrow, Nov.26 at 8:45am & 6:30 p.m. in the SilverKing Hall.

GRADE 4 AND 5 FREE SKIING

"SnowPass" is again offering for students in Grades 4 & 5, three free ski sessions at our local mountain. Information and application forms are available at the Front Office or go to their website at www.snowpass.ca.

SNOW SCULPTURES **Code of Compassion - Offer respect to all.** Could Parents please help your children to respect other children's snow sculptures & forts. Please look, don't touch. Thank you for helping Class 2/3 students.

"NUT FREE" - The Kinderhouse is now a "NUT FREE" environment. This includes all nuts & nut butters

ALL SCHOOL WELCOME 'MAKE-UP' MEETING

Tuesday, December 1st from 8:30 a.m. – 10:00 a.m. in the Handwork Room

Parents and teachers alike at the Nelson Waldorf School have come to realize that the school community greatly benefits from an adult gathering to begin the school year. This year we requested that all parents attend the 'All School Welcome' in September where we offered the opportunity for parents to meet one another, clarify roles and expectations in the school, as well as to inspire a parent understanding of the value of Waldorf Education. Unfortunately some parents were unable to make it to the meeting, and as promised we are offering a 'nuts & bolts' meeting for those parents. *If you missed the 'All School Welcome' this is a valuable and essential worthwhile meeting to attend.*

Please confirm your attendance with the School Office before Tuesday, December 1st so that we may prepare to provide the information you require.

Looking forward to seeing you there.

Phil Fertey, Faculty Chair

Danny Finley, Social Inclusion

Beverley Barcham, Administrator

SOCIAL INCLUSION CORNER

The Adult Put Down Diet Week Three

Here we are at the third and final week of our "Put Down Diet" and I wonder how it is going for everyone? I know that the past two weeks have been most interesting for me. Usually, being mindful of my thoughts and actions is at least somewhere on the stove, if not on the very front burner of my mind. Nevertheless, placing it at the forefront, remembering it more often, watching what it does, manipulating it a little, has been very revealing for me. The realization that the integrity of my actions influences my daughter's understanding of the world *in a very real way* has been a shift for me.

Week Three is about taking action in the world around you. **Right action** means being the change that we wish to see in the world, as Gandhi put it. The idea is to become conscious of "put downs" around us and intercede to try and shift the conversation in a manner that does not judge, blame or shame. The acronym "DADD" gives us a format to guide this shift: The first step is to **Disapprove** of the action or words we hear, or to explain to the child that this is an unconstructive way of speaking about something. The next step is to **Affirm** the child and acknowledging his/her inherent goodness. The third step is to **Discover** what is at the root of the problem for the parties involved, and the final step is a **Do-over**, or a chance to rephrase and recreate the situation in a more harmonious light.

Again, we are encouraged to reflect on our progress, and notice the times or the places where we might have been less conscious of our judgments, words, or actions. There are no hard or fast rules here, no right or wrong. Just an invitation to notice ourselves a little more, and in doing so be a little kinder to ourselves first, and then ultimately have that energy radiate outwards. *To contact anyone on the SICG, please call the school at 352-6919 and leave a message through Danny Finley, our SICG Coordinator. We will get back to you right away.*

The Parents of SICG Deirdre McLaughlin, Paige Adair, Georgia Argyle

Bouquets

THANK YOU - to the adults who gave their time, energy, and patience to the upper classes dance, & to class 7 for organizing it. We are appreciative of our child's "first dance" experience being with other Waldorf students. The kids sparkled (literally in some cases!) head to toe, inside and out, I believe they are appreciative as well.

BEAUTIFUL WINTER BOUQUET'S - for Monica Robinson, an alumni parent, who felted the Winter King & Queen for the Winter Faire Poster & the Toonie Auction, and to Paul Edney for creating the Winter Faire poster!!!

A BOUQUET OF GRATITUDE - to Doug, Danny, Frank, John, Mark and Mike, parents, contractors and volunteers, who helped with the work of installing, to code, our theatre lighting in the Silverking Hall. This was an uncompleted project from the building of the Hall and with their help is now complete. Thank you so much for your time, effort, expertise and commitment to our School. On behalf of the Faculty and Board, and with appreciation, Bev.

A BOUQUET OF ROSES AND FORGET-ME-KNOTS - to Gary Barrett, our resigning NWS Board of Director member. Gary has served on the Board of Directors for four years to include the position of Board Chair. He has brought his valuable experience and insights to Board discussions and decisions. It was with great appreciation that Gary was acknowledged and thanked at the Annual General Meeting last evening. With warm wishes and appreciation, Bev.

WINTER FAIRE NEWS

Saturday, Dec. 12th 10_am - 4_pm

Each year at this time we co create the Winter Faire,
a wonderful seasonal celebration and fundraiser for the
whole school community and the wider Nelson community.

Each class coordinates a part of the Magical Winter Faire Village and through time every class will experience coordinating each of the events:

ORGANIZATIONAL RESPONSIBILITIES FOR CLASSES:

Class Winter Faire Reps. organize their class event with their class

Marigold - Gnome Cafe

Kindergarten - Gnome Crafts and Cookie kingdom

Class 1-2/3 - Candle Dipping

Class 2/3 - Bread Bakery

Class 4 - Wool Works

Class 5 - Winter Crafts

Class 6 - Children-Only Store

Class 7 - Explorer Cafe

Class 8- Rudolph Cafe

VOLUNTEERING AND ORGANIZATION OF EVENTS (Outside The Class):

Contact Martha, 352-0953, marthaellenw@gmail.com

Admissions Desk (8 volunteers)

Parking (4 volunteers)

Gym set up Fri. Dec.11th

Fireside Cafe Coordinators and helpers 11am-3pm (hot cider, popcorn, wieners and hot dogs)

Musicians

Door Keepers for the Puppet Shows - "*The Shoemaker and the Elves*"

Three evergreen trees

Donations of **Sustainable Solstice Toonie Auction** items (earth friendly, fair trade, hand-made, soulful)

The Lighting the Way to the Future Fund Raising Campaign

is raising funds for the stage lighting and for renovations for a third Kindergarten to support increased enrollment in the school. It is being initiated at the Winter Faire with the **Sustainable Solstice Toonie Auctions** in the Silver King Artisan Market. We are looking for 10 donated earth friendly, fair trade, handmade, soulful items/ideas. If you have an item to donate or a suggestion of a business that might donate an item please contact Martha 352-0953 > marthaellenw@gmail.com

PARENT NEWS

November 25 2009



Published Weekly
(Submission deadline is Mondays by 3pm)
Email ~ info@nelsonwaldorf.org
or drop off at the School Office.

Note: Ads for the Parent News are space permitting & are on a first received basis. All ads printed are for one week only. An ad may run for an additional week if space permits but is not assured. To re-submit an ad, allow at least a 2 week break.

WANTED - looking for a van or car (seats 6) for a family of 6, under \$1000, any leads would be appreciated. Call Daniel at 250-505-5042.

CHRISTMAS/DEC HOME RENTAL - Family house for rent over Christmas period - available 1st Dec – 30th Dec. 3 bedroom, 2 bathroom house on 3 acres at 6 mile. Lovely views of the lake. Whether your interested in a week, a month, or somewhere in between, please contact Paul at 250-551-1844.

TEMPORARY SPRING RENTAL - My parents are coming to visit Nelson from March 1st - May 31 or thereabouts and are looking for a furnished rental in town during that time. If you know of anything that might be suitable, please let me know! Thanks, Julie Kerr 250-354-4765.

05/TOYOTA MATRIX – for sale. 78,000km, red, great condition. 5speed front wheel drive, keyless entry, \$12,900 obo. Call Julien 505-5399.

BLEWETT CARPOOL – New Blewett & Bedford Rd. Waldorf family looking to share some rides in & maybe back. Please call Gary or Mimi at 352-9768

GLOBAL GIFTS FAIR TRADE MARKET at Self Design High, Dec 4 & 5th - Fri 5 to 9PM / Sat 10 to 5PM at the Nelson Legion, 402 Victoria St. (2nd floor), Kids Only Tent, Food and Entertainment. Everyone Welcome!

BEV'S PJ'S & NIGHTGOWNS will be available at the Winter Faire Artisan Market – child sizes 2-12 and adult small-large. New this year "I love Canada" fleece vests available for \$20! For special orders please call 229-5279. See you at the Faire!!!

BATIK WORKSHOP – for adults & youth ages 9yrs & older starts Thursday, Nov. 26 from 3:30-5:30 for 4 weeks in the Blue Rm. at the Civic Center. Cost is \$85 - materials & tea included. Call Jeanine 229-5645 > snow.queen@shaw.ca.

WALDORF SHOPPING - All the toys & supplies to nurture a child's imagination at Maplerose (265 Baker Street), Waldorf dolls, wooden toys, craft & felting supplies, Waldorf art supplies, yarn, woolens & handmade gifts. Relatives looking for natural gifts? Send them to www.maplerose.ca for mail-order

PARENT COUNCIL NEWS

LAST PARENT COUNCIL MEETING OF THE YEAR. Tuesday Dec. 1, 7-8:30pm, in the Parent Room. Anyone wishing to come will be warmly welcomed with open arms. It's not too late to become involved with this small group of dedicated parents. Please send an email to iainpardoe@gmail.com if you'd like to know more.

FOOD FOR FUNDRAISING. Have you bought your grocery cards from Andromeda this week? Make sure you have because, trust me, you don't want The Hemulen to come and cause trouble at your house.

LOCAL BUSINESS DIRECTORY. The directory on the school website at www.nelsonwaldorf.org/nelson_business.php contains nearly twenty businesses owned or operated by NWS parents. To add your business, send an email to iainpardoe@gmail.com with your business name (and a brief description if it's not obvious from the name), address, telephone, email, website, and your name. Help to build community and receive free advertising at the same time!

PLASTIC BINS NEEDED - Parent Council is looking for the donation of clean plastic totes with lids in all sizes to ensure the festival supplies remain in usable shape in the newly created, cleaned, catalogued and rebuilt festival supply room. Contact Georgia at 825-2249

COMPUTER HELP NEEDED - The Parent Council is looking for a community member to upload documents & images to the Waldorf School MediaWiki site for festivals, fundraisers & events. Throughout the school year volunteers have been and will continue to create comprehensive festival guides, supply lists and directions. We need a parent volunteer who is comfortable with computer use to take these documents & upload them to the MediaWiki site. This will be an ongoing task as documents are completed but will **not** take a large amount of time. If you would like to contribute your skills & knowledge to this task, please contact Georgia at 825.2249.

ONGOING CLASS 8 FUNDRAISER, POLESTAR PLANNERS STILL AVAILABLE –flexible, spacious format for recording family's daily activities all in one planner. A sample book is available for viewing at the Front Office. Email orders gezfinch@hotmail.com or call 250 352-3957. Orders can also be made with **exact** change or **cheque payable to NWS Class of 2010** at the Front Office.

Class 2/3 Fundraiser

Class 2/3 is very excited to present to you their first class fundraiser! For sale are 2 beautiful art calendars, representing a collection of seasonal work from each child in the class. These calendars make beautiful gifts for family and friends for this coming holiday season.

Please visit the school office to view a sample of each calendar and to place your order.

Thank you for making our Class Fundraiser a huge success!

ORDER FORM

Calendar #1.....\$12.95 ea _____ copies _____
\$24 for 2 _____ sets of 2 _____
\$35 for 3 _____ sets of 3 _____
Total \$ _____

Calendar #2.....\$12.95 ea _____ copies _____
\$24 for 2 _____ sets of 2 _____
\$35 for 3 _____ sets of 3 _____
Total \$ _____

Name: _____ Phone: _____ E-mail: _____

To order please leave your order form at the school office.
We are able to accept exact change only, or cheques payable to Chantal Boisvert or Amy Smith.